

Clt # \_\_\_\_\_

# Peaceful Family Solutions

## INTAKE FORMS

*Please provide the following information and answer the questions below. Please note: Information you provide here is protected as confidential information.*

*Please fill out this form and bring it to your first session.*

Name: \_\_\_\_\_

(Last) (First) (Middle Initial)

Name of parent/guardian (if under 18 years):

\_\_\_\_\_

(Last) (First) (Middle Initial)

Birth Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_ Age: \_\_\_\_ Gender:  Male  Female

Marital Status:

Never Married  Domestic Partnership  Married  Separated

Divorced  Widowed

SOCIAL SECURITY # \_\_\_\_\_

Please list any children/age:

\_\_\_\_\_

\_\_\_\_\_

### Address:

\_\_\_\_\_

(Street and Number)

\_\_\_\_\_

(City) (State) (Zip)

Home Phone: \_\_\_\_\_ May we leave a message?  Yes  No

Cell: \_\_\_\_\_ May we leave a message?  Yes  No

Work Phone: \_\_\_\_\_ May we leave a message?  Yes  No

E-mail: \_\_\_\_\_ May we email you?  Yes  No

\*Please note: Email correspondence is not considered to be a confidential medium of communication.

Referred by (if any):

\_\_\_\_\_

Have you previously received any type of mental health services (psychotherapy, psychiatric services, etc.)?

No

Yes, previous therapist/practitioner:

\_\_\_\_\_

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Are you currently taking any prescription medication?

Yes

No

Please list:

\_\_\_\_\_

\_\_\_\_\_

Have you ever been prescribed psychiatric medication?

Yes

No

Please list and provide dates:

\_\_\_\_\_

\_\_\_\_\_

**GENERAL HEALTH AND MENTAL HEALTH INFORMATION**

1. How would you rate your current physical health? (Please circle)

Poor    Unsatisfactory      Satisfactory    Good    Very good

Please list any specific health problems you are currently experiencing:

\_\_\_\_\_

2. How would you rate your current sleeping habits? (Please circle)

Poor    Unsatisfactory    Satisfactory    Good    Very good

Please list any specific sleep problems you are currently experiencing:

\_\_\_\_\_

3. How many times per week do you generally exercise? \_\_\_\_\_

What types of exercise do you participate in: \_\_\_\_\_

4. Please list any difficulties you experience with your appetite or eating patterns.

\_\_\_\_\_

\_\_\_\_\_

5. Are you currently experiencing overwhelming sadness, grief or depression?

No

Yes

If yes, for approximately how long? \_\_\_\_\_

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6. Are you currently experiencing anxiety, panic attacks or have any phobias?

No  Yes

If yes, when did you begin experiencing this? \_\_\_\_\_

7. Are you currently experiencing any chronic pain?

No  Yes

If yes, please describe? \_\_\_\_\_

8. Do you drink alcohol more than once a week?  No  Yes

9. How often do you engage recreational drug use?  Daily  Weekly  Monthly

Infrequently  Never

10. Are you currently in a romantic relationship?  No  Yes

If yes, for how long? \_\_\_\_\_

On a scale of 1-10, how would you rate your relationship? \_\_\_\_\_

11. What significant life changes or stressful events have you experienced recently?

**FAMILY MENTAL HEALTH HISTORY:**

In the section below identify if there is a family history of any of the following. If yes, please indicate the family member's relationship to you in the space provided (father, grandmother, uncle, etc.).

Please Circle List Family Member

Alcohol/Substance Abuse	yes/no	_____
Anxiety	yes/no	_____
Depression	yes/no	_____
Domestic Violence	yes/no	_____
Eating Disorders	yes/no	_____
Obesity	yes/no	_____
Obsessive Compulsive Behavior	yes/no	_____
Schizophrenia	yes/no	_____
Suicide Attempts	yes/no	_____

**ADDITIONAL INFORMATION:**

1. Are you currently employed?  No  Yes

If yes, name and address of your employer:

\_\_\_\_\_  
\_\_\_\_\_

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Do you enjoy your work? Is there anything stressful about your current work?

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2. Do you consider yourself to be spiritual or religious?  No  Yes

If yes, describe your faith or belief:

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3. What do you consider to be some of your strengths?

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4. What do you consider to be some of your weakness?

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5. What would you like to accomplish out of your time in therapy?

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## HEALTH INSURANCE INFORMATION

If you are using or may use in the future, health insurance, the following information is necessary in order to bill the insurance company.

### PATIENT INFORMATION:

1. PATIENT'S FULL NAME \_\_\_\_\_
2. STREET ADDRESS \_\_\_\_\_
3. CITY \_\_\_\_\_
4. STATE & ZIP CODE \_\_\_\_\_
5. PATIENT'S DATE OF BIRTH \_\_\_\_\_
6. TELEPHONE \_\_\_\_\_
7. PATIENT'S SEX M\_\_\_\_ F\_\_\_\_\_
8. PATIENTS' RELATIONSHIP TO INSURED:  
SELF\_\_ SPOUSE\_\_ CHILD\_\_ OTHER\_\_\_\_\_
9. PATIENTS' STATUS:  
SINGLE\_\_ MARRIED\_\_ OTHER\_\_\_\_\_  
EMPLOYED\_\_ FULL-TIME STUDENT\_\_\_\_\_ PART-TIME  
STUDENT\_\_\_\_\_

**INSURED'S INFORMATION** (the "insured" is the person who owns the policy or is the employee to whom a group policy is applicable)

1. NAME OF INSURED \_\_\_\_\_
2. STREET ADDRESS OF INSURED \_\_\_\_\_
3. CITY \_\_\_\_\_
4. STATE & ZIP CODE \_\_\_\_\_
5. INSURED'S DATE OF BIRTH \_\_\_\_\_
6. SOCIAL SECURITY # \_\_\_\_\_
7. TELEPHONE \_\_\_\_\_

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8. INSURED'S PLACE OF EMPLOYMENT: \_\_\_\_\_

9. INSURANCE PLAN NAME OR PROGRAM NAME. \_\_\_\_\_

10. INSURED'S INSURANCE ID NUMBER \_\_\_\_\_

11. POLICY GROUP NUMBER \_\_\_\_\_

I authorize the release of any medical or other information necessary to process insurance claims. I further authorize the payment of medical or insurance benefits to Brent Katigan LADC/MH, and authorize Brent Katigan LADC/MH to obtain or release therapy records and treatment plans to my insurance company for the purpose of evaluation, treatment and payment.

\_\_\_\_\_  
Signature of Insured

Date \_\_\_\_\_

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## Statement of Professional Disclosure

I am required by law to furnish you with information about my professional credentials

- ☞ Licensed Drug Alcohol and Mental Health Counselor Lic. # 992
- ☞ Certified Suicide Prevention Trainer
- ☞ Eye Movement Desensitization & Reprocessing (EMDR) under supervision
- ☞ Problem Gambling Counselor, Under Supervision
- ☞ Master of Substance Abuse Studies
- ☞ Bachelor in Social Work
- ☞ Graduate Work in Social Work

I understand therapy to be a process of growth, healing and education. You are the expert on your life; my expertise is the tools I offer. My role is to guide the process by offering observations, questions, alternatives and guiding your exploration. Agreements between you and me are part of this work. Agreements include: goals, limits, duration and depth of work to be accomplished.

Exceptions to confidentiality include: signing a release so that information can be provided to a third party; consultation with my supervisor and professional peers; and situations involving safety – yours or someone else’s.

To help people recover I blend talking with activities and recommend practicing new skills between sessions. I enjoy helping people grow and change. I look forward to working with you.

Should you wish additional information, please ask me. You may also contact (without giving your name):

**Oklahoma State Board of Licensed Alcohol and Drug Counselors**

101 NE 51st St :: Post Office Box 54388 :: Oklahoma City, OK 73154-0817

Tel: (405) 521-0779 :: Fax: (405) 521-0291

Executive Director Email: [rpierson@okdrugcounselors.org](mailto:rpierson@okdrugcounselors.org)

Administrative Assistant Email: [cwaite@okdrugcounselors.org](mailto:cwaite@okdrugcounselors.org)

\_\_\_\_\_  
Brent Katigan MA, LADC/MH

\_\_\_\_\_  
Date

*The above-signed counselor has satisfactorily supplied me with information regarding her professional credentials and has given me a copy of this disclosure statement.*

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

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**PEACEFUL FAMILY SOLUTIONS**  
HEALING AND PREVENTION SERVICES FOR FAMILIES OF ADDICTION

CONSENT TO TREATMENT/FOLLOW UP

Client: \_\_\_\_\_ Date: \_\_\_\_\_  
Email Address: \_\_\_\_\_

I, the undersigned, voluntarily give my consent for counseling and to be interviewed by the Peaceful Family Solutions Staff.

Peaceful Family Solutions occasionally contacts a client by phone, mail, or email to determine satisfaction with our services or other information. If you DO NOT want to be contacted for this follow-up information at work or home phone, by mail, or by email please indicate here:

- Appointment information may be relayed to: \_\_\_\_\_
- I prefer this number to be used for appointment information: \_\_\_\_\_
- Office staff or counselor may contact me to follow up on services by:  
(Please mark your preference)

- Phone
- Letter
- Email

**OR**

- I do NOT want to be called or written to by Peaceful Family Solutions.

Peaceful Family Solutions may call you regarding appointments.

\_\_\_\_\_  
Client Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Staff Signature

\_\_\_\_\_  
Date

*For Office Use Only*

Client: \_\_\_\_\_ Ct#: \_\_\_\_\_ Date: \_\_\_\_\_

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## Peaceful Family Solutions Authorization to Release Information Form

I, \_\_\_\_\_, authorize: Name/Program: \_\_\_\_\_

DOB: \_\_\_\_\_ Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_

to exchange information in my records with: \_\_\_\_\_

Program: Peaceful Family Solutions

Person/Relation: \_\_\_\_\_

Address: 7405 S. Douglas Ave, Oklahoma City, OK 73044.

Telephone: 405-601-2691 Fax-405-601-2773

I understand that my alcohol and drug treatment records are protected under federal regulations governing Confidentiality and Alcohol and Drug Abuse Client Records, 42 CFR, Part 2, and cannot be disclosed without my written consent unless otherwise provided for in the regulations. **I understand that my medical record may contain information concerning my psychiatric, psychological, drug and/or alcohol abuse, HIV/Acquired Immune Deficiency Syndrome (AIDS) and/or related conditions or communicable diseases.** Treatment Services are not contingent upon or influenced by the consumer's decision to permit the information release advised or requested.

**INFORMATION TO BE EXCHANGED: (Check all that apply) DATES OF TREATMENT from \_\_\_\_\_ to \_\_\_\_\_.**

- |   |   |
|---|---|
| <input type="checkbox"/> Presence in Treatment (admit/discharge dates)    | <input type="checkbox"/> Biopsychosocial/Diagnostic Summary                       |
| <input type="checkbox"/> Medical History and Physical Examination         | <input type="checkbox"/> Admissions Profile                                       |
| <input type="checkbox"/> Health Records                                   | <input type="checkbox"/> Concerned Persons Questionnaire                          |
| <input type="checkbox"/> Diagnosis, Brief Description Progress/Prognosis  | <input type="checkbox"/> Multi-Disciplinary Treatment Plan                        |
| <input type="checkbox"/> Discharge Summaries/Continuing Care Plan         | <input type="checkbox"/> Psychological Evaluation                                 |
| <input type="checkbox"/> Nursing Assessment                               | <input type="checkbox"/> Physician Attestation Statement                          |
| <input type="checkbox"/> Admission  | <input type="checkbox"/> Psychiatric Assessment                                   |
| <input type="checkbox"/> Multi-Disciplinary Treatment Team Progress Notes | <input type="checkbox"/> Info Necessary for the Processing and Payment Of Billing |
| <input type="checkbox"/> Other: _____                                     | <input type="checkbox"/> Regular Updates  |

**PURPOSE OF RELEASE:**

- To Provide Ongoing Treatment/Continuing Care
- To Provide Education Services
- To Coordinate Treatment Efforts With My Family/Significant Other/Concerned Person
- Biopsychosocial/Diagnosis Summary
- Coordinates Services With Authorized School Officials
- To Coordinate Treatment and Continuing Care Efforts With My Employer/Employee Assistance Program
- To Coordinate Vocational Training With Vocational Training officials.
- To Enable Judges, Attorneys, Probation/Parole Officers, To Support My Treatment Goals Or To Make Legal Decisions On My Behalf.
- To Allow Insurers To Resolve the Pendency Of Claims For Facility/Program Billed Services.
- Other

I understand that I may revoke this consent at any time, except to the extent that action has already been taken in reliance on it, and, in any event, this consent automatically expires one year after the consent form is signed which will be \_\_\_\_\_.

Client Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Staff Witness: \_\_\_\_\_ Date: \_\_\_\_\_

**Prohibition on Re-disclosure of Information Concerning Clients in Alcohol or Drug Abuse Treatment**

This notice accompanies a disclosure of information concerning client in alcohol/drug abuse treatment made to you with the consent of such client. This information has been disclosed to you from records protected by Federal Confidentiality Rule 42 CFR, Part 2. The Federal rules prohibit you from making any further disclosures of this information unless further disclosure is expressly permitted by the written consent of the person to whom it pertains or as otherwise permitted by 42 CFR, Part 2. A general authorization for the release of medical and other information is not sufficient for this purpose. Federal rules restrict any use of this information to criminally investigate or prosecute and alcohol or drug abuse client.

I wish to revoke this consent, effective \_\_\_\_\_. Client Signature: \_\_\_\_\_.

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